

Lucan: Okay. Bro. David, will you please open?

Zahakiel: Loving and Holy Father in Heaven, We are thankful for this Feast of Unleavened Bread that you have given to us in your love, and in your wisdom, having a particular set of blessings for each of us whom You have enabled to attend. We thank you for the topics you have inspired the Brethren to bring forth so far, and ask that by your Spirit we see the fruit of their application to our lives. We ask that tonight your Spirit attend us mightily, that open hearts and minds may receive the light you have given to your servant, so that we may be drawn closer and ever closer to your Throne, and bringing others with us as well. Guide our speaker, and the discussion following, for we ask it in the name of your Son, Yahshua. Amen.

PastorChick: Amen.

Barb: Amen

Peter_JR_1718: Amen.

Elyna: Amen.

Lucan: Amen

Adriel: Amen

Naraiel: Amen

Daphna: Amen

Gadriel: Amen, Amen

Ruthline: Amen.

Lucan: Greetings, and welcome to the final meeting of the feast of unleavened bread. I would like to begin this last study of the feast by speaking about leaven, both figuratively and literally. Specifically, I would like to begin by sharing some of my recent experiences, including some leaven that I have found and put away, and some lessons learned in the process that I hope will be of benefit to others.

I think it is providential that Sis. Guerline has lead out in two meetings regarding the health message in the last two evenings. This is a subject I've been reading about recently, and had begun writing this study before learning the content of those messages.

For most of my life, diet and exercise have been matters I've paid general attention to, but have not pursued with any particular motivation. Having not had any significant problems with illness, and not noticing any significant changes from experimenting with diet and supplementation, I have largely regarded the health message as a means to fix problems and avoid causing major ones through common sense. As a result, I have never been particularly "in tune" with my body, beyond a general sense of when I need a nutrient contained in some food or another.

After learning a little of the extent to which my genes predispose me to disease and my own weight (which peaked around 190 lbs.), I understood that if I didn't make serious changes I would reap the consequences of a short and unhealthy life. After turning 30 last December, I began an exercise routine that initially consisted of a short run (or, a short attempt at running) three days a week after work, and progressed from there. Very early on I noticed a definite and tangible difference in how difficult exercise was depending on what, when, and how much I had eaten the day of and the day prior. This led me to begin reading about what was happening in my body, what foods were better, when, and why. While I am still learning as I go, I began to notice considerable changes within the first month; after nearly five, I am blessed to no longer be overweight, in better shape than I can recall ever being in, and have not caught any illnesses despite several opportunities. By Yahweh's grace, I hope to see these trends continue until Yahshua's return.

One thing I have come to appreciate more practically, that I would like to share with you, is the concept of interdependent systems. We often use the phrase "holistic health" in reference to the health message; I tend to think of it as "wholistic," since it refers to the whole of a system composed of many smaller, interconnected systems. The dictionary definition of "holistic" is, "characterized by comprehension of the parts of something as intimately interconnected and explicable only by reference to the whole."

This idea, of many smaller things composing a larger one, is one of the fundamental principles of creation. While we may be tempted to take for granted our understanding of nutrients, bacteria, viruses, and other microscopic organisms, these living processes were not understood for the majority of humanity's history. Vitamin C remained a mystery, for example, but it became known that oranges could prevent scurvy. The inner workings may be a mystery, but the actions of the whole reveal the nature of the whole and that which is within it.

We may see here the principle of corporate accountability laid out in the created world. It is the man, not the cells or systems that compose him, that chooses to serve or to rebel against Yahweh. Nonetheless, the whole body – from soul to cell - suffers or reaps the rewards of that person's choices.

Social constructs – be they companies, countries, or churches - are from one perspective a unified front, yet composed of many individuals. Paul, as we know, saw the concept of church unity expressed in this way, and wrote about it in 1 Cor. 12 using the same principles on the larger scale of individual body parts. Yet while we are familiar with the principles of withdrawing our perspective to count many as one, i.e. "holistic" or corporately accountable, it is also important to take a closer perspective, and become familiar with the smaller portions that compose the whole.

Evangelism, for example, is based partially on the idea that a man or woman may not be aware of the type of body they are counted as a part of, be it a fallen church or fallen race, and extending the invitation to change.

There are many that "miss the trees for the forest," and will reject or treat a person with distrust because of the "whole" that they are a part of rather than their heart. This is the root of prejudice, and a very common form of leaven as the love of many waxes cold.

To speak about leaven for a moment, a large percentage of our members are capable cooks, so what I am about to share may be only a reminder for most, but humanity did not come to understand the mechanisms of fermentation until the 1860s. Because we did not know that the leavening process was the result of bacteria, we could not isolate that bacteria into what we now call "yeast" to make bread rise.

When making bread in Biblical times, leavened bread was made one of two ways. The first was to simply mix flour, water, and a little oil together, and let it sit. After some time, bacteria will naturally attract and begin to break down the carbohydrates; this fermentation releases gas, which causes the dough to rise. The second method had the same results, however began by adding a bit of already leavened dough from a prior batch – a piece of "sour dough" - both to speed up the rising process and allow customization in the dough, depending on the culture used. As such, "unleavened bread" in the Scripture is the result of not only keeping dough free from corrupting outside influences, but also of cooking and eating the dough in great haste, not allowing it to rot or deteriorate from lack of immediate use. I expect the spiritual applications here are evident.

While the Bible authors did not understand the microscopic interactions causing leavening, they understood the cause of the effects well enough that in Hebrew, the same word – "se-or" - is used for both "leaven" and "fermentation." This comes from another root word meaning "to leave out, to set aside, to remain." Significantly, this root word - "sha-ar" – is also the root of the Hebrew word for "remnant," and is even translated that way itself at times.

The lesson that I wish to share from this is that, as the remnant people of Yahweh, we have an especially great danger of being leavened – not only from the corrupt influences of the world, but from a lack of zealously making use of what is available to us in a timely manner. It is when something is the smallest remaining portion that it is at highest danger of corruption; it is when something is unused, even for a brief time, that it begins to rot and bubble.

As the remnant, we have more light to follow than at any time in human history. The lesson of the feast of unleavened bread is not only to avoid the corruption of the world without, but to make haste in using what Yahweh has set before us, lest we through lack of effort give place to corruption within.

Returning to the subject of whole systems, it was not until I began to practice the light I had access to on exercise that I began to discern and understand, in a practical sense, the effects of small, individual changes on my body as a whole. Developing muscles produced better posture; correct posture aided in breathing; proper breathing helped maintain a healthy heart rate; a healthy heart rate reduced stress and allowed exercise to be more beneficial. While physical benefits are a blessing, we know more importantly that our health affects our spiritual and mental capabilities. For me, this knowledge was largely theoretical – the extent to which it is true was something I had yet to fully appreciate before experiencing it.

In addition to lack of exercise, my diet was in disorder. My criteria for eating was generally, "Am I hungry?" followed by, "Is what I want to eat reasonably healthy, or at least not harmful?" Considerations of the finer points of diet – specific nutrients, types of fuel, and the reasons for them – I left to regulate themselves via a generally "good" diet and not feeling anything wrong. By not basing my motivations for eating on educated information more than desire, I opened myself up to appetite. By failing to become disciplined in diet and exercise, I slowly became similarly undisciplined in conscience.

To demonstrate what I mean by this, I would like to use breathing as an example. Until just now, most of us have been breathing automatically; there is a good chance that upon reading this, some of us are now thinking about breathing, and thus doing so manually. If you are not, I would like you to do so. In a few moments, all of us will return to doing so without conscious thought as we did before, unless we make a commitment to be consciously aware of our breathing and regulate it throughout the day.

While we are focused on it now, however, I would like all of us to slowly take a deep, relaxed breath. I'll pause here for everyone to catch up; please let me know when you have done so.

Zahakiel: Caught up.

Barb: F

Adriel: F

PastorChick: F

Daphna: f

Ruthline: F

Elyna: F

Peter_JR_1718: F

PastorChick: Test

Gadriel: `F

Lucan: (Here; Sis. Giselle requested 2 minutes to catch up.)

Naraiel: F

Lucan: Many people – most, in fact – breathe improperly, because they have not learned how. The assumption is made that, since we have survived so far and done well enough, clearly our bodies naturally know how to do what is best for them. Yet much like an untrained conscience, an untrained body can lead to ruin left to its own devices.

That the Spirit of Yahweh is literally the “breath of Yahweh” in both Hebrew and Greek is noteworthy. Just as breath may be relegated to an automatic process, so it is with the leavened conscience; there is danger that slowly, imperceptibly, the act of opening ourselves to the Spirit may become a passive one rather than an active one, our “breath” becoming shallow and unhealthy.

This difference – between actively checking for the voice of conviction that we might follow it, or waiting for a reminder – is the difference between “following the Lamb whithersoever He goeth” or sitting, as a leavened loaf, until we become “puffed up” and unfit for sacred use. It is the question of whether it is Yahweh or us that initiates examinations of the heart in full nakedness before the Throne; whether we listen for Yahweh, or whether He must seek us out.

What I have observed is that by speaking less with Yahweh through the day, I also had less to speak of with my brethren. By not regularly checking for a word from Yahweh throughout the day and night, the automatic process kept me “alive” from violating conviction just as my breath keeps me alive, yet the deep, sweet breaths of conscious obedience were lacking. While Yahweh has kept me from death, I must confess that, in the most accurate of descriptions, while the Bridegroom has tarried I have been inclined to “slumber and sleep.” While these would normally be matters I would confess privately before Yahweh or take up during a New Moon session, as I have prayerfully considered the matter and what to present to the Church, I do not believe I am the only one in need of the call to wake up.

Both wise and unwise virgins are described as having fallen asleep during the last moments of history, and all must heed the call – not to merely wait for Yahshua to return, but to “go YE out to meet Him.” Whether this is related to diet and exercise for others as well is not an insight I have, however I began writing this message before learning that Sis. Guerline would be giving two consecutive studies on the topic of health. It would seem that the Spirit has something for us to learn here. I encourage each of us to examine

ourselves, whether there is any light that we must "make haste" to follow, lest we be discarded with the leaven of this feast. (1 Cor. 9:27)

I have closed multiple camp meetings with a predictably straight message about communication, and lamenting the lack thereof among us. Often this has been met with a short burst of activity before flickering and fading away. Rather than lamenting this situation, it is my hope that the messages given, both tonight and through the entirety of the feast before it, will bring about the solution.

If we will "pray without ceasing" to Yahweh, we will "speak often one to another." If we will "open our sins beforehand, going before to judgment," we will not fear reproof, but will instead "come to the light, that our deeds may be manifest, that they are wrought in Yahweh." If we will maintain our consciences as our bodies, and our bodies as our consciences, we cannot help but demonstrate the love of Yahweh. We cannot help but have open communication. This is the natural result of practicing and seeing to the "holistic health" of the Body of Christ.

Adriel: Amen

Lucan: I would like to close with a quotation from Mrs. White. It is a bit lengthy, so please let me know when you have finished:

"True success in any line of work is not the result of chance or accident or destiny. It is the outworking of God's providences, the reward of faith and discretion, of virtue and perseverance. Fine mental qualities and a high moral tone are not the result of accident. God gives opportunities; success depends upon the use made of them. While God was working in Daniel and his companions "to will and to do of His good pleasure," they were working out their own salvation. (Phil. 2:13) Herein is revealed the outworking of the divine principle of co-operation, without which no true success can be attained. Human effort avails nothing without divine power; and without human endeavor, divine effort is with many of no avail. To make God's grace our own, we must act our part. His grace is given to work in us to will and to do, but never as a substitute for our effort. [...] Pure hearts, strong hands, fearless courage, are needed; for the warfare between vice and virtue calls for ceaseless vigilance. To every soul Satan comes with temptation in many alluring forms on the point of indulgence of appetite. The body is a most important medium through which the mind and the soul are developed for the upbuilding of character. Hence it is that the adversary of souls directs his temptations to the enfeebling and degrading of the physical powers. His success here often means the surrender of the whole being to evil. The tendencies of the physical nature, unless under the dominion of a higher power, will surely work ruin and death. The body is to be brought into subjection to the higher powers of the being. The passions are to be controlled by the will, which is itself to be under the control of God. The kingly power of reason, sanctified by divine

grace, is to bear sway in the life. Intellectual power, physical stamina, and the length of life depend upon immutable laws. Through obedience to these laws, man may stand conqueror of himself, conqueror of his own inclinations, conqueror of principalities and powers, of "the rulers of the darkness of this world," and of "spiritual wickedness in high places." (Eph. 6:12) [Prophets and Kings, 486-487] <End quote.>

PastorChick: F

Barb: F

Zahakiel: Finished.

Adriel: F

Daphna: f

Peter_JR_1718: F

Elyna: F

Ruthline: F

Lucan: It is my hope that if any others among us are in need of repentance in these or other areas, my confession and testimony will prove effective. The people of Yahweh must be conscious in their service in every regard; they must be awake, be sober, and be vigilant. I ask my brethren's forgiveness for my failure to take matters of health seriously and for the consequences of that sin in my conversation – and lack thereof – among you. If there are any others who would like to make use of this "Online Upper Room" for the confession and forsaking of leaven, you are invited to do so. The floor is now open for questions and comments to that, or any other effect.

Daphna: C

Lucan: Go ahead, Sis. Daphna

Daphna: When we breathe in we must breathe out. When we take in as of eating we must eliminate. As we receive material we must share or we become greedy and selfish. The water we drink what we do not use must we eliminated. So as we learn of Yah and his plan for salvation we must share and witness to others that they too will come to know him. We love others as Yah loves as we receive his love we can love others much better.
End

PastorChick: C/Q

Lucan: Oh, I like that. 😊 Go ahead, Pastor.

PastorChick: To one who knows the right thing to do, and does not do it, to him it is sin. (James 4:17) I am challenged in several ways by this testimony/confession and application of known principles. The health message has been STRESSED by me for over 20 years. As Adventists, we have been "drilled" in the health message by the remnant messenger, and yet, as we have been warned by the Spirit via this messenger appetite is what stumbled our first parents and IF we overcome appetite, we will overcome every other sin.

Naraiel: (amen)

PastorChick: and that, by overcoming/resisting EVERY temptation to sin...

Elyna: Amen

PastorChick: and it is TRUE that each of us face diverse challenges/temptations relating to this physical, mental, and spiritual life, but, when SELF dies, and we are born from above, our appetites are changed, the flesh is crucified with Christ and we "do those things that please Him" on a daily basis.

I do understand the insidious effects of leaven and the imperceptible inroads of such, but, I have noted that the "faith of YAHSHUA" which we confess is the very KEY to Victory, for YAHSHUA, though in sinful flesh and being tempted in ALL points like as we NEVER yielded to temptations, NEVER allows leaven to touch His soul. We are NOT merely "human", but we have partaken of "the divine nature", and in such a state I find it remarkable that any leaven might overcome us and pray that our conversion would be genuine and complete so that the world might SEE that we have been CHANGED from GLORY to GLORY into the very IMAGE of YAH...

Gadriel: Amen

PastorChick: My question is and I am somewhat reluctant to ask this not knowing for sure what effect the answer may have on you, or any of us, but I ask you, Bro. Luke how did this leaven overcome you? And what prompted you exactly to repent? END.

Lucan: I think that I may need to clarify some wording, though I'm not entirely sure which. There has never come a time when I knowingly turned from something I believe was right, or did something I believed was wrong. For health, I think that the earliest I could really ascribe that blind spot to coming from was my upbringing. I had very little education or experience with the fundamentals of exercise or eating right. My time in the Church has led to exposure to various health messages; that is very true. What I have noticed is that, among Adventists more than perhaps any others, the actual "health message" is very confused. For some, it is about avoiding a certain food or set of foods. Or, eating at certain times, or not having salt on the table, or eating organics, or not using cell phones, or becoming vegan. And, the list goes on into endless specifics. Mrs. White's counsels I have often found challenging, not so much on the principles, but because much of the specifics she wrote were in response to very specific situations which are quite different now. The work of unraveling the many different voices on these things - including in the Church - has generally presented a challenge the likes of which would take me away from most other studies, just to track down the latest "fad" being advocated. I think that, the best I can really put it together, it was a combination of having no practical experience

in the matter myself, coupled with the verse saying that bodily exercise profiteth little compared to godliness, and the seemingly large task required for "bodily exercise," that resulted in a blind spot. Since I had no discernable health problems, it seemed that Yahweh had confirmed that view.

What lead to repentance was when I was invited to go for a short run, and realized just how out of shape I was coupled with several family members dying of cancers, and other preventable diseases. I began thinking I was "healthy enough," since I didn't get sick especially often and seemed to feel fine. But, I realized my heart was largely neglected after reading some studies about the heart rate required to actually gain benefits. After sticking through with running, and then experiencing the difference between how I felt before as opposed to after, it became very clear that I had been operating under very poor conditions for, realistically, my entire life.

As far as the leaven of conscience, as opposed to health...After not experiencing any success in witnessing to the Adventist churches in the area, I began attempting to meet with people to witness socially. I noticed that I was spending the majority of my time actively deflecting wrong thoughts or ideas. I concluded that, in order to befriend someone enough to gain their trust and reprove them, I would need to "bite the bullet" and deflect it mentally. That is not particularly "new". Having no other CSDAs to interact with regularly, however, was.

For the last three years or so, I have not seen another converted Christian in person... I have had interactions about business and administration and such, but very little on the way of personal interactions, of the type that reveal leaven. What I suspect happened was, after enough time spent around unrighteousness with very little spent relatively among righteousness, my mental blocks began to very slowly relax. I ceased immediately seizing on every wrong word or thought presented. I ceased to recognize them as such. There was no particularly monumental thing that happened to show me this that I can recall. Several things "clicked" together, and as I was speaking to Yahweh one night, I realized I was almost "going through the motions..." I examined that, and it lead, ultimately, to this study. Does that answer your questions clearly?

PastorChick: A

Lucan: Go ahead, Pastor

PastorChick: I follow you. Your answer does not really "help" me and, you probably agree that this should never have happened. I have told Sister Barb more than once life for Sister Jody, Bro. Luke, Sister Daphna, and even Sister Guerline must be a daily challenge and even dangerous, particularly, because of not having sanctifying fellowship. I do think Sister Guerline might have some benefits from actively ministering to her children

and interacting with her husband. Living virtually "alone" is not easy in this world, BUT, YAHSUA was not living without the same situation and His faith overcame the world and even the "leaven" of His unconverted church. I do hope and pray that the result of Bro. Luke's experience and failures will inspire in ALL of us a renewed commitment to LIVE the "faith of YAHSUA" practically and not just in word. We must never forget that we are a spectacle to the universe. Angels and the unfallen worlds are watching us closely and our victories (which should be the rule and not the exception) are witnessed by those intelligences and ANY failures on our part will only be a testimony on the side of Lucifer who claims the law of YAH is impossible to live out.

I must not "fail nor become discouraged" and that, ONLY "by faith which "works by love and purifies the soul." END.

Adriel: Amen

Elyna: Amen

Lucan: I agree with that. The best answer I have been able to arrive at, when examining it in retrospect, is that had I been operating with a healthy mind and body, I would have had the discipline in place to recognize those dangers...

Gadriel: Amen

Lucan: But, of course, that is a "don't know" based on hindsight. At this point, I have seen value in repenting, learning what I may from it, and going forward. A large part of my motivation for this study was in the hopes that, should any others be in a similar position without knowing it, it would prove a helpful warning.

PastorChick: Amen.

Adriel: Amen

PastorChick: C

Lucan: Go ahead, Pastor

PastorChick: I have a recommendation which is not "new" either but perhaps a little more specific. I believe that every person who takes on a committed ministry no matter what level of endeavor...it can be health-related...it can be giving Bible studies... it can be massaging people with needs, it can be random calls to encourage people...it can be writing articles... whatever it might be... when one is ACTIVE in a specific ministry to bless others it returns to us 100-fold. We receive an abundance of the Spirit's outpouring and leaven is not likely to interpose because, in order to do ministry one MUST be tuned to the

Spirit (breathing) in a healthy manner. Those who are absorbed with their jobs or professions, struggling to "make ends meet", seeking the things of this world and taking little to no time to bless others, will be immersed in the world and not notice to the level they have fallen. Let us exercise our God-given gifts to bless someone every day. You will notice a new breath in your experience, and the Spirit will be speaking, "loudly and clearly", and that will renew and preserve your enlightened conscience. Not neglecting, of course, the exposure to YAH's word. 😊 END.

Zahakiel: Amen.

Barb: Amen

Adriel: Amen

Naraiel: Amen

Elyna: Amen.

Lucan: Thanks for that. 😊 On the topic of ministry, I do have something to share. As it turns out, my background of working almost entirely in food service may become of use. I've been reading through a college book on food science and nutrition recently, and found an online Nutritionist certification program for a fairly small fee. It's about five text books down the road, but I'm finding the information to be enough of a blessing - and objectively founded enough - that I'd like to pursue it. The thought has occurred of returning to Africa to help with a wing of the ministry involving balanced meal planning and preparation. I don't know if that's something that would be viable or useful there. But, I think using what time I can spare to gain a working knowledge of nutrition to help others would be a good resolution to a life lived in ignorance of it.

Adriel: Amen

PastorChick: A

Lucan: Of course, we'll see how far down the road "what time I can spare" brings me to that destination. 😊

Lucan: Go ahead, Pastor.

PastorChick: I think a "certification" of any kind would be helpful in opening a door for missionary work. Not sure how practical the information would work here (maybe in South Africa. 😊) but, if the Spirit is leading you in that direction I'd support you in the quest. We can use any "warm bodies" here. The clinic in Kisoro is becoming VERY popular and the day is coming when Barb and I will be overwhelmed. We need trainers in the field, to prepare the locals to do the basic work. If you can imagine treating 51 people in 7 hours, interviewing, teaching, treating, praying, all that each individual needs... it is daunting at the least. BUT, when a person has some document showing they have expertise in the

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field, a work permit would be simple to secure, AND, we welcome ANY and ALL of our members to participate in this Uganda mission, and we THANK YOU (for YAH's sake)...

Barb: Amen

PastorChick: for the financial support to undertake this mission. To the glory of YAH. Please consider coming and joining arms to finish the work of the three angles in the power of the fourth angel. 😊 END.

Adriel: Amen

Lucan: Does anyone else have a question or comment to share?

Adriel: C

Lucan: Go ahead, Sis. Jody

Adriel: I have appreciated this study and the comments, and as one who has a profession and the means to help support the work not only financially, but with many hours spent shopping, going to banks, packaging things up to mail, sending MG's, I appreciate the appreciation 😊 to the glory of Yah. I do have to get up in about 5 1/2 hours to go to that profession though, so need to say goodnight and would appreciate the chat room being left open until tomorrow evening so that I can capture anything I may miss. End

Lucan: Is that something that can be done, Sis. Giselle?

Zahakiel: A

Lucan: Go ahead, David

Zahakiel: The room remains "open" continually. Giselle clears it before we begin any new study. So... Jody can read it at any time before Friday evening. End.

Lucan: Okay, thanks. 😊

Zahakiel: Q/C

Adriel: (yes should have said cleared. 😊)

Zahakiel: The question is for Jody. Are you still planning to lead the study this Friday night? And I'll give the comment after her reply. Ok, thanks. And for the comment...

Adriel: yes

Zahakiel: I would like to thank Bro. Luke for his frank presentation, and I share his hope for its effects, both in the short term and the long. Also (to a lesser degree) I would like to

thank him for bringing a scientific perspective to this spiritual principle. I appreciate very much seeing how the natural processes of creation reflect truth on various levels. In this case, I certainly see (and in a new way) the two sources of corruption that may be considered leaven, either adding something impure, or simply doing nothing and allowing impurities to naturally appear.

In the case of the Remnant, we have what might be considered a third source still of corruption. It does not do all that much to clear up the "mystery" of how it arises, for it has been a mystery to created beings from the beginning, but it does give us another angle to consider, and over which to pray. If we see the first (adding impurities) as the result of transgression, and the second (leaving something unused) as the result of idleness or sloth, then we must also guard against a third - deliberate pollution.

In a sense, it is similar to the first, because there is a choice to introduce the impurities, but the Scriptures also describe the state of the Christian as one that is constantly under attack from enemies in "high places." The Spirit of Prophecy says that we are not safe for even an hour without prayer. We have an active Enemy that is seeking (with growing desperation) to remove our various skills and talents from the closing moves of the Gospel Work. This is quite in line with the longer quote shared at the end of the study, and I think that Bro. Luke's information shows a very clear justification for that statement, and an exhortation to "watch and pray" in even the smallest, and simplest, areas of life. We know that being faithful in these leads to faithfulness in the more "weighty" areas. End.

Lucan: I'm not sure if I understand the distinction between the first and third methods...Could you clarify that some?

Zahakiel: A

Lucan: Go ahead. 😊

Zahakiel: Temptations may arise from various areas, including natural tendencies of the flesh... the appetite, survival, etc. While the demons may inspire these, or intensify them, people often give too much credit to spiritual forces (i.e., "The devil made me do it.") But sometimes, in the third one, there is a deliberate attack made on the servant of Yah. The events in the Book of Job, for example...these did not arise naturally from the course of life and temptations. They were a specific event, and Job was tested far beyond what would have naturally taken place. Now, for the Remnant...as we face the Time of Trouble, we may expect to be tested far beyond what is "natural," and therefore our prayers must be commensurately more fervent. Does that help distinguish? End. (think of it like someone poisoning the dough, to use your earlier analogy)

Lucan: Okay, yes, thanks. You know, interestingly enough...There's a third method of leavening bread that I didn't mention, because there's no record of the Jews ever doing it; it was a Greek thing...They would add alcohol to the bread to leaven it. A lot of historians assume bread first was discovered by accidentally splashing some mead into a pot of dough, since they were often stored together.

Zahakiel: (Right)

Lucan: I suppose that could be a similar analogy. 😊 If there are no further comments or questions, I'll ask Pastor to close with a prayer

Elyna: C

PastorChick: Dear Father in Heaven. We are thankful for the time of refreshing the past week and insights that have been shared. We have been reminded of the dangers of leaven whether of the Pharisees or Herod. May the "leaven of Godliness" raise us to the portals of Heaven as we believe what the Word of YAH promises in us. That we ARE "translated into His marvelous Kingdom" and "sitting in Heavenly places" with the Father and Son. Dismiss us from this, our last meeting, with encouragement, hope, and resolve to vindicate the character of our God in the darkest and most wicked age of history. Thank You for answering our every prayer in YAHSHUA's holy name, AMEN.

Peter_JR_1718: Amen.

Barb: Amen

Daphna: Amen

Lucan: Amen

Zahakiel: Amen.

Elyna: Amen

Gadriel: Amen, Amen

Naraiel: Amen

Lucan: What was your comment, Sis. Guerline? It came in just as Pastor had begun praying on my screen.

Elyna: I wanted to thank you for the presentation. I appreciated all the comparison of the physical with the spiritual. It seems that just as Yah removed our sins from us He may ask us to remove the physical leaven from our diet if that better fits us for ministry. Though I do eat leavened bread from time to time, I enjoy my unleavened diet much more than when I used to eat bread with leaven. End

Lucan: Why did you stop eating leavened bread?

Elyna: Because, I had too much yeast in my body. Because when we eat foods that becomes acidic in the body, that feeds the candida bacteria and create an imbalance between our good bacteria and them. Many things can cause that, such as too much grains, so I had to cut anything that would feed the yeast in my body, including yeast and other things. End

Gadriel: Good night .YAH bless, Pastor, Sisters and Brothers. 😊

Daphna: goodnight to you and All.

Elyna: Good night 😊

Naraiel: Good night. I am leaving for now. It's getting late here.

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Lucan: That sounds tricky. What do you do for carbs? Goodnight. 😊

Naraiel: Thank you Bro. Luke for sharing this study. In a way, it complemented the first one.

Lucan: I am signing out as well. Yah bless