

**Lucan:** It's time to begin. Bro. David, will you please offer an opening prayer?

**Zahakiel:** Dear Father in Heaven, We come before you tonight with gratitude and with joy, mindful that we have received many and precious blessings in the week that has passed. We approach you during the sacred hours, awaiting the outpouring of your Spirit, and thankful for the Day that guides us into an ever deepening understanding of your Sabbath rest. May the fellowship we share tonight be rich in sanctifying blessings, for we ask this in Yahshua's precious name. Amen.

**Pastor Chick:** Amen.

**Elyna:** Amen.

**Adriel777:** Amen

**Barb:** Amen

**Lucan:** Amen

**Peter\_Jr\_18:** Amen.

**Nattie:** Amen.

**Lucan:** This last week, I had occasion to clean out a large refrigerator at work. One of the items kept in it is a sauce, made largely out of raw, natural ingredients. Some of this sauce had been spilled, and either through willful neglect or lack of attentiveness, it had been left to sit, hidden, rather than being cleaned.

Among the principles of health is that raw food is living food; and, life begets life. When we eat natural, living foods, we sustain our health; when we eat primarily dead or manufactured foods, we destroy it. Examples abound of imitation foods – fast food items, processed “cheese flavored” slices, etc. – that can sit for months, even years, and not rot. For much of our food industry in America, this is considered the ideal goal. Food that doesn’t mold can be stored longer and shipped further, and thus is more profitable. This was the origin of refined white flour and, similarly, refined white rice. These have the elements that sustain life removed, so, when they are stored for long periods, they do not grow mold or rot as easily.

What of life-giving food?

“And when the children of Israel saw [it], they said one to another, It [is] manna: for they wist not what it [was]. And Moses said unto them, This [is] the bread which Yahweh hath given you to eat... And Moses said, Let no man leave of it till the morning. Notwithstanding they hearkened not unto Moses; but some of them left of it until the morning, and it bred worms, and stank: and Moses was wroth with them... And the house of Israel called the name thereof Manna: and it [was] like coriander seed, white; and the taste of it [was] like wafers [made] with honey.” (Exodus 16:15, 19-20, 31)(LMK)

**Zahakiel:** Finished.

**Pastor Chick:** F

**Peter Jr 18:** F

**Adriel777:** F

**Barb:** F

**Elyna:** F

**Lucan:** Now, thankfully my own experience did not involve any worms, and certainly nothing so quick as having grown overnight. Obviously this sauce was not nearly as life-giving as the bread Yahweh sent from heaven. Yet there is a principle demonstrated by the longevity of processed foods, the worms in the leftover manna, and the mold in my spilled sauce. When something that is life-giving is left to neglect, it will rot with a speed proportionate to the amount of life it had potential to give.

"Then Yahshua said unto them, Verily, verily, I say unto you, Moses gave you not that bread from heaven; but my Father giveth you the true bread from heaven. For the bread of God is he which cometh down from heaven, and giveth life unto the world... I am that bread of life. Your fathers did eat manna in the wilderness, and are dead." (John 6:32, 33, 48, 49)

A raw food, with the life it has within it from the soil, will rot within weeks or days. Manna rotted overnight, having such life in it as to sustain a people in health by eating it, and it alone.

What manner of life does this Bread have within it?

"This is the bread which cometh down from heaven, that a man may eat thereof, and not die. I am the living bread which came down from heaven: if any man eat of this bread, he shall live for ever: and the bread that I will give is my flesh, which I will give for the life of the world... Whoso eateth my flesh, and drinketh my blood, hath eternal life; and I will raise him up at the last day. For my flesh is meat indeed, and my blood is drink indeed. He that eateth my flesh, and drinketh my blood, dwelleth in me, and I in him. As the living Father hath sent me, and I live by the Father: so he that eateth me, even he shall live by me. This is that bread which came down from heaven: not as your fathers did eat manna, and are dead: he that eateth of this bread shall live for ever." (John 6:50-51, 54-58)(LMK)

**Pastor Chick:** F

**Barb:** F

**Adriel777:** F

**Elyna:** Amen, F

**Zahakiel:** Finished.

**Nattie:** F

**Peter Jr 18:** F

**Lucan:** We must "eat the flesh and drink the blood" of the Son of God; we must consume that living Bread.

What does this mean?

It does not mean a theoretical knowledge of the gospel, or a surface knowledge of the Scripture, or the ability to recite doctrines. It does not mean even diligent study or thorough knowledge of the Scripture, or the memorization of its passages, or having read every Adventist writing. These are good so far as they go, but this is merely gathering the bread.

When we eat something, we chew it, we break it down, we digest it as it becomes part of us; it forms our body and provides us with energy to work. When we eat the living Bread, we must also chew it, break it down, and make it a part of us. Christ and His Word thus form the very being of our spiritual life, and provide us with energy to work for others.

It is not enough to read or even recite the promises of God; no, they must be claimed. They must be thoroughly digested and applied to the life. We then have not only words and passages, but the living Spirit behind them. We then have "eaten His flesh, and drunk His blood." Anything short of this is neglect, with rot and stink in the life as the sure and exceedingly quick result. The more food one acquires without eating it, the greater the rot will be.

The day before Yahshua gave this message, we may read of the miracle of the fishes and the loaves:

"And Yahshua took the loaves; and when he had given thanks, he distributed to the disciples, and the disciples to them that were set down; and likewise of the fishes as much as they would. When they were filled, he said unto his disciples, Gather up the fragments that remain, that nothing be lost." (John 6:11-12)

Nothing was to be neglected; not a crumb of that common bread was to fall to the ground and be lost.

How much more of the true Bread?

As it is written:

"And he humbled thee, and suffered thee to hunger, and fed thee with manna, which thou knewest not, neither did thy fathers know; that he might make thee know that man doth not live by bread only, but by every [word] that proceedeth out of the mouth of Yahweh doth man live." (Deuteronomy 8:3)

And again:

"The law of Yahweh [is] perfect, converting the soul: the testimony of Yahweh [is] sure, making wise the simple. The statutes of Yahweh [are] right, rejoicing the heart: the commandment of Yahweh [is] pure, enlightening the eyes. The fear of Yahweh [is] clean, enduring for ever: the judgments of Yahweh [are] true [and] righteous altogether. More to be desired [are they] than gold, yea, than much fine gold: sweeter also than honey and the honeycomb." (Psalms 19:7-10)(LMK)

**Barb:** F

**Adriel777:** F

**Peter Jr 18:** F

**Zahakiel:** Finished.

**Pastor Chick:** F

**Elyna:** F

**Lucan:** There are those who are so busy with the reading of the Word that they fail to eat it; there is grave danger in gathering too much Bread, and thus leaving it uneaten to spoil. That which was ordained to life is then found to be full of stink and worms.

Some gather so much that they forget they are hungry, and need to eat, for all their abundance. Such think they are "rich, and increased with goods, and in need of nothing." Of such it is written, "The full soul loatheth an honeycomb; but to the hungry soul every bitter thing is sweet." (Proverbs 27:7)

Others realize their hunger, and yet, rather than diligently eating such as they have, busy themselves with gathering more still. In the flesh and in the spirit, gluttony and failure to chew overburden the system, and prevent digestion.

The more knowledge of the letter of the Word one gains – and even follows – without considering and receiving its Spirit, the more difficult their digestion will be. To these it is written, "Hast thou found honey? eat as much as is sufficient for thee, lest thou be filled therewith, and vomit it." (Proverbs 25:16)

And again:

"For precept [must be] upon precept, precept upon precept; line upon line, line upon line; here a little, [and] there a little:" (Isaiah 28:10)

Such are foolish virgins, receiving the Word with readiness – even zeal - but failing to assimilate its principles. The written Word alone, just as the law, does not remove the burden of sin. Of such it is written that they are "laden with sins, led away with divers lusts, ever learning, and never able to come to the knowledge of the truth." (2 Timothy 3:6, 7)

The manna in the desert, which men ate and later died, rotted within a night after being neglected. How much more the Bread that gives eternal life?

"How shall we escape, if we neglect so great salvation; which at the first began to be spoken by the Lord, and was confirmed unto us by them that heard [him]; God also bearing [them] witness, both with signs and wonders, and with divers miracles, and gifts of the Holy Ghost, according to his own will?" (Hebrews 2:3, 4)

One Scripture, meditated on and applied to the heart and life in its fullness, is of more value than the whole record of Inspiration committed to an unsanctified memory.

We must eat to sustain our own lives, and to gain strength to bring light into the lives of others. As it is written: "For even when we were with you, this we commanded you, that if any would not work, neither should he eat." (2 Thess. 3:10)

And again:

"And though I have [the gift of] prophecy, and understand all mysteries and all knowledge, and though I have all faith, so that I could remove mountains, but have not love, I am nothing." (1 Cor. 13:2; NKJV)

We may accurately measure our spiritual health by our love. And how do we measure our love? Is it by profession only?

"My little children, let us not love in word, neither in tongue; but in deed and in truth. And hereby we know that we are of the truth, and shall assure our hearts before him." (1 John 3:18-19)

If we are eating the flesh and drinking the blood of the Son of God, we will have love, and we will be love, for we will be eating and drinking Christ, who is love.

Do we love as Christ loved? Are we one as Christ and the Father are one?

"We know that we have passed from death unto life, because we love the brethren. He that loveth not [his] brother abideth in death." (1 John 3:14)

We have the promises; why not claim them, eating and drinking them as our very food? We have the Word; why not receive it and treasure each promise as a personal letter from our all-loving and all-powerful Father, who cannot lie?

**Adriel777**: Amen

**Lucan**: "A new commandment I give unto you, That ye love one another; as I have loved you, that ye also love one another. By this shall all [men] know that ye are my disciples, if ye have love one to another." (John 13:34, 35)

This is the commandment, and the sure result.

"As the Father hath loved me, so have I loved you: continue ye in my love. If ye keep my commandments, ye shall abide in my love; even as I have kept my Father's commandments, and abide in his love. These things have I spoken unto you, that my joy

might remain in you, and [that] your joy might be full. This is my commandment, That ye love one another, as I have loved you." (John 15:9-12)(LMK)

**Pastor Chick:** F

**Adriel777:** F

**Barb:** F

**Zahakiel:** Finished

**Nattie:** f

**Elyna:** F

**Peter\_Jr\_18:** F

**Lucan:** Do we believe that Yahweh loves His Son? How much, and to what extent, do you suppose this is true?

There is no measure of the love of the Father for the Son; it is the very standard by which we might ever measure or comprehend the concept of "love" itself. If we believe this, then we believe that His Son loves us, for as the Father loves the Son, so Yahshua says He has loved us. And as the Father loves the Son – just the same extent and in the same manner - so we love one another. This we have been expressly commanded, every bit as much as we have been commanded to keep the Sabbath holy, or to make no graven images.

Do we obey the commandments of God?

If we are the people of God, we must, for we know it is written of the Church, "Here is the patience of the saints: here [are] they that keep the commandments of God, and the faith of Yahshua." (Revelation 14:12)

It is our testimony that we walk the walk of Christ; speak the words of Christ; and have the life of Christ. Anyone who claims to keep the commandments of God and of Christ, but does not love as the Father loves the Son, and as the Son loves us, does not keep the commandments at all, or in any sense.

"Ye are my friends, if ye do whatsoever I command you." (John 15:14)

How do we reveal this love?

"Neither pray I for these alone, but for them also which shall believe on me through their word; That they all may be one; as thou, Father, [art] in me, and I in thee, that they also may be one in us: that the world may believe that thou hast sent me. And the glory which thou gavest me I have given them; that they may be one, even as we are one: I in them, and thou in me, that they may be made perfect in one; and that the world may know that thou hast sent me, and hast loved them, as thou hast loved me." (John 17:20-23)

If we love one another, we will be one with each other, such as to "be made perfect in one."

And how are we made perfect in one?

"Iron sharpeneth iron; so a man sharpeneth the countenance of his friend." (Proverbs 27:17)

And again:

"Faithful are the wounds of a friend; but the kisses of an enemy are deceitful." (Proverbs 27:6)

This unity certainly includes, but extends infinitely beyond visible church membership, even as the Father and the Son are one in more than name and outward appearance. The appearance is the result of the truth within. The life is the result of the Bread within.

"In the last day, that great [day] of the feast, Yahshua stood and cried, saying, If any man thirst, let him come unto me, and drink. He that believeth on me, as the scripture hath said, out of his belly shall flow rivers of living water." (John 7:37, 38)

And again:

"Yahshua answered and said unto her, Whosoever drinketh of this water shall thirst again: But whosoever drinketh of the water that I shall give him shall never thirst; but the water that I shall give him shall be in him a well of water springing up into everlasting life." (John 4:13, 14)

Shall we conclude that this promise was only to the Samaritan woman at the well?

No; the Word says "whosoever."

Has the Word of Christ lost its life-giving power? He that promised to place within us an everlasting well of love and of life, has His own well run dry? No; then will we not claim, each of us, the full effects of that promise? We have, each of us, a well of eternal water within us, such that we never thirst. This is the "first love," and the last love, and the only eternal love; for God – in judgment and in mercy, in rebuke and in comfort - is love.

"And we have known and believed the love that God hath to us. God is love; and he that dwelleth in love dwelleth in God, and God in him." (1 John 4:16)

Do you thirst? Instead of continually pulling from the well in your own effort, why not accept the promise of God, and never be thirsty again? Let us dwell in and on that love, taking diligent care to eat and drink the very being of Christ in His Word. Let us gather up the fragments, that nothing be lost; let us eat all that is sufficient for us. By neglect, that light will turn to darkness, and that Bread into worms. By use, that light will carry us into eternity, and that Bread sustain us through life everlasting.

**Adriel777:** Amen

**Lucan:** Are there any comments on the study tonight?

**Zahakiel:** C

**Pastor Chick:** C/Q

**Lucan:** Go ahead, David

**Zahakiel:** The first part of the study, about eating the bread, chewing it, and making it a part of us... that reminded me of when I was much younger, and attending (sporadically) the Roman Catholic Church. When we had communion, as you've probably seen, they are very thin wafers of very refined bread, and, the "rule" was that you were supposed to let it dissolve in your mouth, you weren't supposed to even let it touch your teeth. So, it's sort of fitting, I suppose, that the thing that represents Christ's life, is so insubstantial there, and dissolves without ever becoming a part of who you are. But when the symbolism is rightly understood, that we truly make it a part of our character, that becomes a very powerful symbol of what it means to become one with Christ. End.

**Adriel777:** Amen

**Lucan:** I don't think I've seen those wafers before, but, that symbolism is certainly striking. It's strange that a fellowship that takes "this is my body" so literally would overlook the ability to "break" the bread. Go ahead, Pastor.

**Pastor Chick:** This may be a bit difficult and awkward, but in light of Brother David's opening prayer and Brother Luke's teaching, I have some questions.

1) When Barb comes to the US in April, at around the time of the feast, do any of you have accommodation for her? (I would like to discuss this before proceeding.) End.

**Adriel777:** Q.

**Lucan:** Go ahead

**Adriel777:** I wasn't aware that Sis Barb was coming to the U.S. What is the purpose of the visit (In what area of the country will she need to be in?) End.

**Pastor Chick:** A

**Lucan:** Go ahead

**Pastor Chick:** A/Q

**Lucan:** Go ahead, Pastor

**Pastor Chick:** I notice Daphna is absent again, did anyone make contact with her? ...

**Adriel777:** A

**Elyna:** A

**Pastor Chick:** in answer to Jody...

**Marie:** Your chat good for my and im learn english too.

**Pastor Chick:** the "area" might depend on the "love". End

**Adriel777:** She called yesterday to let me know her computer was down. She had to take it in and it wasn't going to be fixed until Sunday. I was going to mention at the end. End.

**Lucan:** Go ahead, Guerline

**Elyna:** (It was in answer to Pastor's question about Sis Daphna) End. (I did call her)

**Lucan:** Well, personally... I'm currently renting a bedroom in someone's house, so - assuming I'm still in Seattle in April - I likely wouldn't have an accommodation in-house. But, if need be, I can start putting a savings away to provide something while she's here. I've seen some short-term rental options in the area.

**Pastor Chick:** A

**Lucan:** Go ahead

**Pastor Chick:** I am merely wanting to chew the message and digest it. The Love of Yah is the message. If I lived in America, and a member who was living abroad was returning home for a season, I would want to connect (in person). I would sacrifice all I could to make that connection. BUT, my experience with CSDA is that there are always excuses and it is often something related to family members or lack of space or money.

**Elyna:** ☺ A

**Pastor Chick:** It was not convenient for Yahshua to leave Heaven and spend his fleshly life on earth. BUT, because of LOVE, He did it. I think CSDA has much to learn about that love. END.

**Adriel777:** C

**Lucan:** Go ahead, Guerline

**Elyna:** I want to say that I would accommodate her with open arms if I lived in the US. End

**Lucan:** Go ahead, Jody

**Adriel777:** I have accommodated both Pastor and Brother Luke, and Pastor and Sis Barb for a time when they have been here, and would do so again, as has Sis Daphna. I am just wondering the purpose as this is the first I have heard of it. :) End

**Pastor Chick:** A

**Lucan:** Go ahead, Pastor

**Pastor Chick:** The point seems to be missed. What does it matter if she is returning for surgery, to bury her mom, to get new glasses, to sell personal items, or merely to visit those she loves? If I love Barb, and there is an opportunity to see her, is that not enough to try and make it happen? I will be coming with her to comfort and protect her, it will likely be my last trip to America.

**Elyna:** 😊

**Pastor Chick:** and it is not to bury her mom, though we do want to see her (93 years old)... it is not for surgery (as far as we know)

**Elyna:** (We will have to pay you a visit by sacrifice might it be.)

**Pastor Chick:** but it is our chance to connect on earth, maybe one last time, and I want to see all who have the desire. END.

**Adriel777:** C

**Lucan:** Go ahead, Jody

**Adriel777:** I would love to see you as well and you are always welcome here. 😊 End.

**Barb:** C

**Lucan:** Go ahead

**Barb:** Thank you to Bro. Luke, Sis. Guerline, and Sis. Jody, for your willingness and desire. I hope that we can see each other in this trip. End. 😊

**Pastor Chick:** Amen.

**Elyna:** 😊

**Pastor Chick:** C

**Adriel777:** 😊

**Lucan:** Well, wherever you (or I) end up in April, keep us posted. :) Wherever it is, I fully expect to see you. Go ahead.

**Pastor Chick:** If we can get the old pace car road-worthy, and by Yah's grace, we'll make the rounds. 😊 End

**Adriel777:** 😊

**Pastor Chick:** C

**Marie** left this message :



**Lucan:** Go ahead

**Pastor Chick:** I think one way to examine self is to make a comparison...and it might be more easy for Jody and Daphna, and Jaime and Maria to ponder it ... that is, to compare your feelings and emotions by visualizing the return of a close blood relative with the return of a church member. My guess is that the blood relative (especially a child) will cause a stronger, more intense emotion, producing a stronger desire to connect. BUT that is from the flesh and not the Spirit, something to seriously ponder. END

**Lucan:** Are there any other comments? If not, I'll ask Pastor to offer a closing prayer.

**Pastor Chick:** Dear Father in Heaven. We thank You for a sanctifying message for every pull of the flesh must be overcome before translation to Your Heavenly Kingdom of glory. As we eat the flesh and drink the blood of Your Son, may we savor every component and digest the life-giving elements of eternal existence. In Yahshua's holy name, Amen.

**Elyna:** Amen

**Zahakiel:** Amen.

**Barb:** Amen

**Lucan:** Amen

**Nattie:** Amen.

**Adriel777:** Amen